

FREEDIVE INTO

FUVAHMULAH

SHARK PARADISE OF THE INDIAN OCEAN



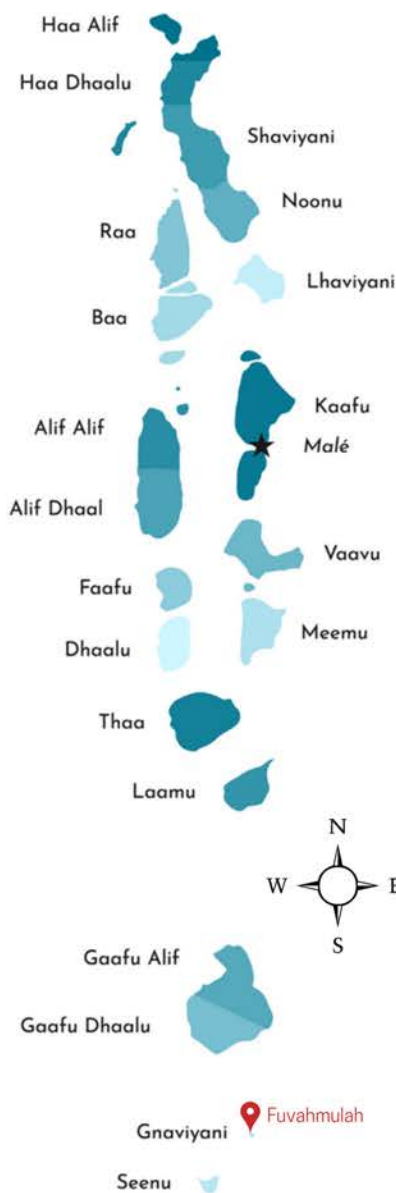
CURATED GUIDED EXPERIENCES BY

JONO ALLEN & ADAM SELLARS



A HIDDEN PARADISE

FUVAHMULAH



Rising from the blue waters of the equator Fuvahmulah is a one island atoll in the Deep South of the Maldives. Owing to its location on the Chagos-Laccadive volcanic ridge, the island's exposure to oceanic swell and deep surrounding waters have created the perfect conditions for expansive reef systems and rare pelagic marine megafauna to thrive. The island boasts numerous dive locations including a vast oceanic plateau at 50m depth to the South while Fuvahmulah's pristine coral reefs allow divers to look down into waters reaching over 1000m depth just a few meters away from the island's rolling white sand beaches.





PELAGIC PARADISE

OF THE MALDIVES



INTO THE BLUE

SHARK ISLAND



No island in the Maldives compares to Fuvahmulah in regards to its abundance in marine life and megafauna. Known as "shark island" among locals and the "Galapagos of the Indian Ocean" among international visitors, Fuvahmulah is home to a large variety of shark species, including the world's largest population of tiger sharks a resident population of almost 200 individuals, as well as witness to passing migrations of oceanic manta rays. Mammals such as pilot whales, melon headed whales and dolphins also make guest appearances in the deep blue waters of the island.

BIG SHARK ENCOUNTERS

365 days / year



TIGER SHARK
Galeocerdo cuvier



WHALE SHARK
Rhincodon typus



SCALLOPED HAMMERHEAD
Sphyrna lewini



SILVERTIP SHARK
Carcharhinus albimarginatus



PELAGIC THRESHER SHARK
Alopias pelagicus



OCEANIC MANTA RAY
Mobula birostris



OCEANIC WHITETIP SHARK
Carcharhinus longimanus



SHORTFIN MAKO SHARK
Isurus oxyrinchus

FREEDIVING SHARK ISLAND

OVERVIEW



Fuvahmulah, Maldives



Max 8 guests



6 days / 5 nights



Sharks guaranteed



Daily freediving



private vessel and guides

YOUR GUIDE AND TRIP LEADER

JONO ALLEN



Jono is a professional wildlife photographer, marine environmental scientist, expedition guide and freediver. A deeply passionate ocean advocate he is a storyteller for Ocean Culture Life and co-founded of Fuvahmulah Marine Foundation after rescuing an entangled whale shark together with local shark diving pioneer Lonu Nasheed and spending over 9 months documenting marine life in Fuvahmulah. Whether it be leading encounters with giant humpbacks in Tonga or apex sharks in the Maldives, Jono's experiences are guided by one motivation: to facilitate unique connections with wildlife by providing guests with the opportunity to exchange eye contact, and experience that once in a lifetime moment of silent face-to-face dialogue with the giants of the sea.

www.jonoallen.com



YOUR GUIDE AND TRIP LEADER

ADAM SELLARS



Over the past 5 years Adam Sellars has been on what could be described as a spiritual journey that has culminated in the colliding of two worlds that have shaped the person he is today. As an athlete Adam has always grappled with the pressure that is part and parcel of the sporting experience and the other is his own battles with the pressures in life which at one point threatened to cripple and derail his life.

The misunderstood sport of Freediving has opened Adam's eyes to a new way of living and coping with the pressures and stresses of sporting, work, and his personal life, which Adam wishes to share with teams, organisations and individuals alike. The principles of meditation, power of breath and breath hold and the ability to embrace and withstand the powerful messages from the brain which limit us is what Adam has used to empower himself and others in his new path of helping people unlock their potential through releasing the shackles of pressure.

www.thepressureproject.com.au

YOUR SPECIAL GUEST AND SCIENTIST

ARZUCAN ASKIN



Known as "Zuzu" by most, Arzucan is a Rolex scholar, a highly passionate conservation scientist, technical diver, sailor and National Geographic Explorer. With a deep love for sharks she is currently helping to expand scientific research on the sharks of Fuvahmulah. Her research work assesses human impacts on sharks in the Maldives, focusing on whale sharks and Tiger sharks for now. A Fellow of the RGS-IBG she has been part of multiple research projects and remote marine expeditions examining the complexity of human-ocean relationships and marine megafauna conservation from the Arctic to the Equator, working with a variety of species and experts. Supported by Rolex, she recently spent a year at sea conducting field research and becoming an Extended Range Trimix CCR rebreather diver.

www.arzucan-askin.com

EXPLORING SHARK ISLAND

FREEDIVING



3 DIVING ENVIRONMENTS:



TIGER HARBOUR:

As sandpatch
frequented by dozens
of Tiger sharks



ISLAND REEFS:

Pristine corals
and thresher
sharks



PELAGIC BLUES:

Open ocean boat
dives and big
surprises in the blue

SUMMARY

APRIL 28TH - 3RD MAY

INCLUDED

- Domestic return flights from Male / Fuvahmulah
- 5 nights private accomodation in Suffix Retreat Fuvahmulah
- Breakfast, lunch and dinner
- PADI freediving course option with Australian Representative Adam Sellars
- Interacting with marine megafauna workshop with Jono Allen
- Shark science presentations by National Geographic Explorer Arzucan Askin
- Line diving in blue waters along vibrant coral reefs walls
- Yoga & guided meditation sessions
- Dealing with pressure workshop with Adam Sellars - The Pressure Project
- Underwater photography workshop with Jono Allen
- Photography package of our trip highlights
- 5 full days on an exclusive traditional dhoni boat
- Transfers from hotel to harbour
- Daily tiger shark dives
- Marine megafauna expedition trips out into open water

NOT INCLUDED

- International flights and travel insurance
- Cafe items between meals

\$2999 USD

FREEDIVING & DEALING WITH PRESSURE

WORKSHOPS

Delve deeper into your personal freedive journey with Australian representative and PADI Ambassadiver Adam Sellars by learning how to break free from the shackles of pressure, both underwater and on land.

Through the principles of meditation, the power of breath and breath hold discover the freedom of finding comfort at depth.

“I want to show people the power within,” says Sellars. “To show people how to deal with the pressures of life. To show people how much fun they can have in the Ocean on just one breath.”



MARINELIFE ENCOUNTERS & PHOTOGRAPHY

WORKSHOPS

Learn how to connect and interact with marine life in both safely and respectfully with ocean megafauna guide, underwater photographer and environmental scientist Jono Allen. Dive deeper into the unique behaviour and personalities of large sharks and other marine life as we carefully position ourselves to achieve those once in a lifetime face to face encounters we dream of. Then, gain insights into the secrets of shark photography.



SHARK SCIENCE

WORKSHOPS



Dive deeper into the scientific world of sharks and learn about human-shark relationships, about how to effectively protect our world's magnificent predators and shark research efforts in the Maldives with special guest, conservation scientist and NatGeo Explorer Arzucan Askin.

YOUR ACCOMMODATION

SUFFIX RETREAT



Learn more about:

FUVAHMULAH
SHARK PROJECT



FUVA MULAH
MARINE FOUNDATION

Support us and become part of a movement to further study and protect the shark populations inhabiting the blue waters of Fuvahmulah:

WWW.MIYARU.ORG
WWW.FUVAHMULAH.ORG

CONFIRM YOUR SPOT ONBOARD
CONTACT US



FOR TRIP BOOKINGS OR INQUIRES:

JONO ALLEN

www.jonoallen.com

jonowallen@gmail.com

ADAM SELLARS

www.thepressureproject.com.au

adam@thepressureproject.com.au